



NORFOLK COUNTY ASA

Special General Meeting and Executive Committee Meeting - Wednesday 4th March 2020 - Hewett Academy

PRESENT: K Rumsey (Chairman), Mrs K Woodhouse (Secretary), K Belton (Treasurer), Mrs J Ashley (Synchro), N Donlevy (Norwich Synchro), C Galer (Officials Training), P Kendall (Past President), A Lelean (Website), Mrs S Lelean (Masters), S Murray (Past President), D Peck (Development), Mrs C Rose (Competitions), S Rose (Press & PR), J Salmon (Norwich Swan), A Smith (Past President).

SPECIAL GENERAL MEETING

1. APOLOGIES: G Applin (President), Mrs D Barrett (Trophies), R Barrett (Records), Mrs E Bowen (Inter Club Gala), Mrs J Grimes (Diss Otters SC), A Moore (Disability), Mrs T Spinner (City of Norwich SC).

2. RULE CHANGES

The proposed changes were circulated and outlined as follows:

- A. Updating names and words used throughout
 - **ASA** removed and replaced with **Swim England**
 - **ASA East Region** removed and replaced with **Swim England East Region**
 - **Laws or rules** removed and replaced with **regulations**
- B. **5 Subscriptions.** Change remittance date from **March 31st** to **February 28th**
- C. **11 County Colours.** This rule change recognises that there are fewer County Team galas and this will be reflected by reducing the number of swims required to earn colours and awards. For 2019 and earlier, qualifying swims will remain the same. For 2020 onwards the Executive can decide the number of swims required to earn awards.

Acceptance of the rule changes were proposed by K Belton, seconded by C Galer and carried unanimously.

EXECUTIVE COMMITTEE MEETING

12. APOLOGIES: See item 1 above.

13. MINUTES OF THE EXECUTIVE MEETING - 3rd December 2019

The Masters Report was amended as follows: Mel Holland, Simon Buchan and Sarah Osman all achieved County Colours, with Sophie Liddament and Jane Blackwell earning Bronze and Silver Awards respectfully. Jack Kelly (80 yrs) broke the East Region 50m freestyle record 46.88 seconds.

14. MATTERS ARISING

None

15. CORRESPONDENCE

- Ian MacKenzie (Swim England President): declining the invitation to attend the NCASA Championships having previously agreed to attend another County's championships.
- Kevin Pickard: regarding feedback from the County Coaches' Forum (forwarded to R Every and D Peck).
- David Metcalf (East Region President): thanking NCASA for an enjoyable day at the County Championships.
- East Region: Coronavirus guidance.

16. TREASURER'S REPORT

The balance sheet was circulated.

Suffolk ASA has yet to contribute their share of the Long Distance gala. This would be around £2000. The trophy budget has been exceeded but in reality a whole year's worth of medals etc. has been purchased. Sundries income includes £2000 commission on hoodies, £300 from Gogglebox swim shop with some more to come from the other

swim shop. Cash register is a type of bank account which includes £1000 gala float and the rest being made up of door money from the County Championships and Warwick Thompson less the cost of the skins and a trophy repair.

17. CURRENT SWIMMERS' ACHIEVEMENTS

A Georgie Donlevy from Norwich Synchro has qualified for the Synchro Nationals in Manchester.

18. MINUTES OF THE COMPETITIONS SUB-COMMITTEE - Tuesday 4th February 2020

The minutes were ratified.

The Warwick Thompson Gala was a success.

Final arrangements for the Inter-Club Galas were noted.

The County Championships Working Party will meet on Tues 12th March.

19. Inter-Club Gala - 9th May 2020

- The Galas have been licenced successfully as L1.
- The lane draw for both galas was drawn at the meeting as follows: L1 – Great Yarmouth, L2 – Diss, L3 – Dereham, L4 – City of Norwich, L5 - West Norfolk, L6 – Thetford, L7- Norwich Swan, L8 - North Norfolk.
- The junior gala will warm up at 1pm for a 1:30pm start and the seniors at 4:30pm for a 5pm start. The pool will stay in LC format ready for the Norfolk Masters the next day.
- Admission (at our usual rate) will be charged for each session with the balcony cleared between.
- Officials will be invited to attend as per other County arranged events.
- The Junior Gala winners will receive the Copeman Cup and the Senior Gala winners will receive the Christine Clark Cup with the family members being invited to present the awards and to stay for lunch.
- Past Presidents will be invited to attend and to stay for a sandwich lunch. They will need to wear their badges/bring the email as confirmation to avoid confusion. The John Jarrold Room will be used and seats will be reserved in the viewing gallery.

20. REPORTS

Officials Training & Development: JL1 online courses have commenced. GDPR continues to pose problems as the OT&D Officer doesn't know who is on the course. Licenced referees have all the relevant information in order to sign competencies off. The online module will need to be completed first followed by the timekeeper assessment and then judge mentoring. There were a lot of assessments at the Warwick Thompson Gala in order to get the current JL1 candidates finished by June. Everyone was reminded that meets MUST comply with SE regulations in order to meet licencing requirements eg. safety announcements must be fully adhered to and there can be no under-age swimmers at L4/development galas or licences could be withdrawn.

Officials Liaison: The County Championships were easily staffed with the exception of the Long Distance gala which is always more difficult to staff. One email request was sent out for the Warwick Thompson Meet, all sessions were staffed so there was no need to send out reminders.

Masters: 26 swimmers the East region Development Day at the SportsPark with 8 in attendance from Norfolk. There were two 1 ½ hour training sessions lead by Sam Watts, with nutrition and exercise talks in addition. Entries for the Norfolk Masters are coming in, officials are still required. It was agreed to book a coach to take the County Team to Hatfield to the East Region Masters on 15th November.

Synchro: A Christmas display was held at Wymondham. At the East Region Synchro competition on 8th February, all three Norwich team routines medalled (1gold, 2 silvers). There have been stunt workshops with a cheerleading team and new monthly land training sessions. It is hoped to run a Stage 8 Introduction to Synchro course for boys and girls. Fliers will be circulated to clubs and the event will be advertised on social media and the website. There are no plans to rename the club to reflect "artistic swimming."

Open Water: Two trainees from West Norfolk attended an OWJL2 course at Kentford on 12/1/20. A L1 course has been cancelled as there were no candidates. However further OWJL1 days are due to take place on 16th May at Flitwick and 6th June at Basildon. Following feedback from the six Counties, it was agreed to change the date of the East Region Open Water Championships at Whitlingham to 11th July 2021 which is a week earlier than we usually hold it.

Website: The updated constitution will be added as will Top Swimmer reports and skins results from the County Championships, the Top Club result from the Warwick Thompson Gala and the Inter-Club Gala information.

Development. The Development Sub-Committee met. There will be 3 Norfolk Development Days for 11 year olds lead by the County Coach at Dereham (dates TBC). Clubs are reminded to send their development priorities/needs to D Peck. (Email reminders to be sent to club secretaries and coaches.

East Region: Entries for the main events at the East Region Championships have opened online.

Press & PR: A report following the Warwick Thompson Gala has been collated and sent to the EDP.

ANY OTHER BUSINESS

D Barrett to obtain some prices for volunteers' T-shirts to bring to the next Competitions meeting with a view to issuing them to volunteers at the County Challenge.

Date of next meeting: Tuesday 2nd June 2020