## NORFOLK COUNTY AMATEUR SWIMMING ASSOCIATION

Affiliated to the Amateur Swimming Association East Region

## **Norfolk County Junior Swimming League**

League Secretary:- Elaine Bowen, Beechcroft House, Rectory Hill, Rickinghall, Diss, IP22 1EH
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## Results of Round 1 Galas on 21st March 2015

<u>Dereham</u>				
Place	2	Gala	-	Gala
$1^{st}$	UEA City of Norwich 'A'	192	Norwich Swan 'A'	203.5
2 <sup>nd</sup>	West Norfolk	157	Diss Otters	146.5
3 <sup>rd</sup>	Great Yarmouth	114	UEA City of Norwich 'B'	141.5
4 <sup>th</sup>	Dereham Otters	112	Norwich Swan 'B'	97.5
5 <sup>th</sup>	Thetford Dolphins	86	North Norfolk Vikings	76

## <u>League Positions after Round 1 and Lane Draw for Round 2 on Saturday 25<sup>th</sup> April 2015</u>

Copeman Cup Gala at Wymondham Leisure Pool: 5:50pm Start. Warm up 5.30pm

		Points		
		Gala	League	Lane
Norwich Swan 'A'	Host Club	203.5	5 + 6 = 11	3
UEA City of Norwich 'A'		192	5 + 6 = 11	4
West Norfolk		157	4 + 6 = 10	2
Diss Otters		146.5	4 + 6 = 10	5
UEA City of Norwich 'B'		141.5	3 + 6 = 9	1

Christine Clark Cup Gala at Thetford Waterworld Pool: 6.20pm Start. Warm up 6.00pm

		Points		
		Gala	League	Lane
Great Yarmouth		114	3	3
Dereham Otters	112	2	4	
Norwich Swan 'B		97.5	2	2
Thetford Dolphins	Host Club	86	1	5
North Norfolk Vikings		76	1	1

Clubs are again reminded to bring their own Judges and Timekeepers and are also requested to help provide some of the other Gala Officials and helpers if requested by the host Clubs. Please do make every effort to comply with this request so that there are no issues arising on the night and to assist with the smooth running of the Gala's.

Both Galas will be using the AOE. Warm up and Competition lanes have been allocated as above.

The Copeman Cup will be presented to the winning Team of the League at the Wymondham Gala by David Copeman/Sandra Tovee (Dick Copeman's children) with the Christine Clark Memorial Cup to the winning Team at the Thetford Gala by Paul Kendall, Norfolk County ASA President

<u>Please can current holders ensure the Trophy's are transported to the correct venue!</u>