ASA East Region Inter-County Swimming Champs 10th July 2016 (UEA Sportspark)

Norfolk **Individual Names on this sheet Relay Team Names on Sheet 2**

Ev	Event Name	First Name	Family Name	Entry	Time	Pos	Splits			
1	Female Open 200m IM	Natalie	Coogans	2.27.31	2:31.84	3	33.4	43.29	38.69	36.46
2	Male Open 200m IM	Nathan	Wells	2.11.14	2:13.40	1	29.09	32.76	41.1	30.45
11	Female 11/12 Yrs 100m Backstroke	Gemma	Peters	1.13.58	1:14.6	4	36.41	38.19		
12	Male 11/12 Yrs 100m Backstroke	Ben	Woodhouse	1.14.99	1:12.75	2	35.07	37.68		
13	Female 13/14 Yrs 100m Breaststroke	Molly	Lee	1.15.04	1:17.56	2	35.97	41.59		
14	Male 13/14 Yrs 100m Breaststroke	Jack	Riches	1.14.45	1:13.85	2	34.92	38.93		
15	Female 15/16 Yrs 100m Butterfly	Imogen	Cooke	1.07.91	1:12.29	5	32.34	39.95		
16	Male 15/16 Yrs 100m Butterfly	Samuel	Peck	1.01.92	1:01.76	3	28.84	32.92		
17	Female 17 Yrs/Over 100m Freestyle	Lauren	Burton		1:03.32	5	30.64	32.68		
18	Male 17 Yrs/Over 100m Freestyle	Jordan	Mann	54.11	1:00.10	6	27.7	32.4		
23	Female 11/12 Yrs 100m Breaststroke	Charlotte	Abramson	1.21.96	1:21.21	2	38.76	42.45		
24	Male 11/12 Yrs 100m Breaststroke	Callum	Stedman	1.23.14	1:24.11	4	39.63	44.48		
25	Female 13/14 Yrs 100m Butterfly	Megan	Pye	1.05.92	1:06.79	2				
26	Male 13/14 Yrs 100m Butterfly	Nathan	Woodrow	1.05.29	1:07.32	5	31.78	35.54		
27	Female 15/16 Yrs 100m Freestyle	Kioni	Broomfield	1.03.31	1:02.3	4	29.9	32.4		
28	Male 15/16 Yrs 100m Freestyle	Ryan	Smith	57.07	0:58.33	5	27.8	30.53		
29	Female 17 Yrs/Over 100mBackstroke	Chloe	Hazell	1.08.24	1:08.97	3	33.54	35.43		
30	Male 17 Yrs/Over 100m Backstroke	Nathan	Wells	1.00.35	1:01.43	3	30.46	30.97		
35	Female 11/12 Yrs 100m Butterfly	Ellie	Walker	1.11.66	1:14.68	4	35.05	39.63		
36	Male 11/12 Yrs 100m Butterfly	Mathew	Munnings	1.15.71	1:15.80	4	35.66	40.14		
37	Female 13/14 Yrs 100m Freestyle	Charlotte	Walker	1.00.13	1:02.64	5	30.01	32.63		
38	Male 13/14 Yrs 100m Freestyle	Ben	Blowers	58.78	1:01.67	5	29.16	32.51		
39	Female 15/16 Yrs 100m Backstroke	Catherine	Brown	1.11.14	1:11.08	6	34.93	36.15		
40	Male 15/16 Yrs 100m Backstroke	Ryan	Smith	1.03.69	1:05.72	6				
41	Female 17 /Over 100m Breaststroke	Natalie	Coogans	1.12.85	1:15.30	2	35.52	39.78		
42	Male 17 Yrs/Over 100m Breaststroke	Justin	Bott	1.08.52	1:12.96	4	34.36	38.6		
43	Female 11/12 Yrs 100m Freestyle	Lily	Calver	1.07.45	1:08.23	4	32.62	35.61		
44	Male 11/12 Yrs 100m Freestyle	Akshay	Pissay	1.05.66	1:04.99	3	31.35	33.64		
45	Female 13/14 Yrs 100m Backstroke	Maisie	Easter	1.07.20	1:07.86	1	33.02	34.84		
46	Male 13/14 Yrs 100m Backstroke	Samuel	Rose	1.08.87	1:11.11	5	34.84	36.27		
47	Female 15/16 Yrs 100m Breaststroke	Roxanne	Uys	1.17.71	1:18.32	2	35.72	42.6		
48	Male 15/16 Yrs 100m Breaststroke	Samuel	Peck	1.08.55	1:10.80	1				
49	Female 17 Yrs/Over 100m Butterfly	Lauren	Burton		1:13.97	5	33.86	40.11		
50	Male 17 Yrs/Over 100m Butterfly	Liam	Doonan	58.22	1:04.43	6	29.65	34.78		

Assume Age on Day (same as for 2015)
Two individual events in own age group (plus relays)

Event	Event Name	NAME	Surname	Entry	Time		Split	
3	Female 11/12 200m Medley Rela	Gemma	Peters	34.05	00:34.83		34.83	
		Charlotte	Abramson	38.07	01:12.51		37.68	
		Isobel	Moore	32.92	01:45.79		33.28	
		Rebecca	Smith	30.68	02:16.55		30.76	
4	Male 11/12 200m Medley Relay	Ben	Woodhouse	35.7	00:33.90		33.90	
		Callum	Stedman	37.94	01:11.75		37.85	
		Mathew	Munnings	31.73	01:44.00		32.25	
		Robert	Addis	30.79	02:13.43		29.43	
5	Female 13/14 200m Medley Rela	Maisie	Easter	31.06	00:31.69		31.69	
		Kiera	Frostick	34.34	01:05.48		33.79	
		Megan	Pye	29.01	01:34.72		29.24	
		Grace	Leech		02:02.97		28.25	
6	Male 13/14 200m Medley Relay	Samuel	Philpott	31.61	00:33.18		33.18	
		Jack	Riches	34	01:07.45		34.27	
		Nathan	Woodrow	29.33	01:37.89		30.44	
		Jake	Lammas	27.45	02:05.77		27.88	
7	Female 15/16 200m Medley Rela	Catherine	Brown	31.96	00:32.37		32.37	
		Roxanne	Uys		01:06.50		34.13	
		Imogen	Cooke	30.59	01:37.73		31.23	
		Jana	Spinner	28.73	02:06.37		28.64	
8	Male 15/16 200m Medley Relay	Thomas	Owen	29.99	00:31.06		31.06	
		Samuel	Peck	31.84	01:02.87		31.81	
		Ryan	Smith	27.64	01:30.36		27.49	
		Harry	Weston	25.9	01:55.55		25.19	
9	Female 17+ 200m Medley Relay	Chloe	Hazel	31.71	00:32.19		32.19	
		Natalie	Coogans	34.07	01:07.06		34.87	
		Lauren	Burton		01:39.68		32.62	
		Catherine	Markwell		02:08.58		28.90	
10	Male 17+ 200m Medley Relay	Nathan	Wells	28.23	00:28.75		28.75	
		Ryan	Sykes		01:01.76		33.01	
		Oliver	Kenny		01:29.78		28.02	
		Jordan	Mann	24.89	01:55.13		25.35	
19	Mixed 11/12 200m Freestyle Rela	Rebecca	Smith	30.68	00:31.38		31.38	
		Callum	Stedman	30.42	01:01.57		30.19	
		Lily	Calver	30.87	01:32.29		30.72	
		Robert	Addis	30.79	02:02.18		29.89	
20	Mixed 13/14 200m Freestyle Rela	Grace	Leech	28.42	00:29.09		29.09	
		Samuel	Rose		00:58.00		28.91	
		Angel	Dunderdale		01:26.32		28.32	
		Jake	Lammas	27.45	01:53.68		27.36	
21	Mixed 15/16 200m Freestyle Rela	Harry	Weston	25.9	00:26.07		26.07	
		Jana	Spinner	28.73	00:54.99		28.92	
		Kioni	Broomfield	28.83	01:23.05		28.06	
		Ryan	Smith	26.16	01:49.48		26.43	
22	Mixed 17+ 200m Freestyle Relay	Dalton	Yallop	25.13	00:25.66		25.66	
		Catherine	Markwell		00:54.53		28.87	
		Lauren	Burton	28.46	01:24.14		29.61	
		Jordan	Mann	24.89	01:50.36		26.22	

Event	Event Name	NAME	Surname	Entry	Time		Split	
31	Mixed 11/12 200m Medley Relay	Gemma	Peters	34.05	00:34.96		34.96	
		Charlotte	Abramson	38.07	01:12.26		37.30	
		Mathew	Munnings	31.73	01:45.13		32.87	
		Callum	Stedman	30.42	02:15.29		30.16	
32	Mixed 13/14 200m Medley Relay	Maisie	Easter	31.06	00:31.69		31.69	
		Jack	Riches	34	01:05.93		34.24	
		Megan	Pye	29.01	01:36.41		30.48	
		Jack	Lammas	27.45	02:04.17		27.76	
33	Mixed 15/16 200m Medley Relay	Catherine	Brown	31.96	00:32.31		32.31	
		Samuel	Peck	31.84	01:05.06		32.75	
		Ryan	Smith	27.64	01:33.59		28.53	
		Jana	Spinner	28.73	02:02.96		29.37	
34	Mixed 17+ 200m Medley Relay	Nathan	Wells	28.23	00:28.75		28.75	
		Natalie	Coogans	34.07	01:03.81		35.06	
		Oliver	Kenny		01:31.96		28.15	
		Lauren	Burton		02:01.45		29.49	
51	Female 11/12 200m Freestyle Re	Rebecca	Smith	30.68	00:31.01		31.01	
		Lily	Calver	30.87	01:02.27		31.26	
		Hallie	Taylor	31.46	01:32.95		30.68	
		Charlotte	Abramson	31.6	02:04.06		31.11	
52	Male 11/12 200m Freestyle Relay	Robert	Addis	30.79	00:30.6		30.60	
		Akshay	Pissay	30.91	01:01.68		31.08	
		Alexander	Lowry	30.97	01:32.17		30.49	
		Callum	Stedman	30.42	02:02.27		30.10	
53	Female 13/14 200m Freestyle Re	Megan	Pye		00:29.57		29.57	
		Angel	Dunderdale	28.59	00:57.5		27.92	
		Kiera	Frostick	29.01	01:26.04		28.55	
		Grace	Leech	28.42	01:54.02		27.98	
54	Male 13/14 200m Freestyle Relay	Samuel	Rose	28.46	00:29.47		29.47	
		Nathan	Woodrow	28.49	00:58.73		29.26	
		Jack	Riches		01:27.05		28.32	
		Jake	Lammas	27.45	01:54.70		27.65	
55	Female 15/16 200m Freestyle Re	Kioni	Broomfield	28.83	00:29.1		29.11	
		Bryony	Pack	29.22	00:59.15		30.04	
		Catherine	Brown	29.5	01:27.05		27.90	
		Jana	Spinner	28.73	01:56.69		29.64	
56	Male 15/16 200m Freestyle Relay	Ryan	Smith	26.16	00:26.73		26.73	
		Joseph	Wells	26.25	00:52.54		25.81	
		Thomas	Owen	26.3	01:18.84		26.30	
		Harry	Weston	25.9	01:44.19		25.35	
57	Female 17+ 200m Freestyle Relay	Lauren	Burton	28.46	00:29.83		29.83	
		Catherine	Markwell	28.71	00:58.77		28.94	
		Natalie	Coogans		01:27.63		28.86	
		Chloe	Hazell		01:56.29		28.66	
58	Male 17+ 200m Freestyle Relay	Dalton	Yallop	25.13	00:25.56		25.56	
		Nathan	Wells	25.47	00:51.06		25.50	
		Thomas	Hoven	25.95	01:16.31		25.25	
		Jordan	Mann	24.89	01:41.87		25.56	