

Norfolk Junior League 2016  
Copeman Cup Gala  
at Wymondham

EVENT 1 Mens 09/10 Yrs 100m Medley Team

Full Results

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:15.70
2.	Norwich Swan SC	Norwich Swan	1:16.36
3.	Diss Otters SC	Diss Otters	1:20.06
	UEA Co Nor B	UEA Nor B	DQ SA 3L
	Dereham & District SC	Dereham	DQ SL 2L

EVENT 2 Womens 09/10 Yrs 100m Medley Team

Full Results

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:15.47
2.	Diss Otters SC	Diss Otters	1:18.22
3.	UEA Co Nor B	UEA Nor B	1:19.59
4.	Norwich Swan SC	Norwich Swan	1:20.85
5.	Dereham & District SC	Dereham	1:27.26

EVENT 3 Mens 11/12 Yrs 100m Medley Team

Full Results

Place	Name	Club	Time
1.	Dereham & District SC	Dereham	1:08.62
2.	UEA City of Norwich SC	UEA Norwich	1:11.86
3.	Norwich Swan SC	Norwich Swan	1:12.88
4.	UEA Co Nor B	UEA Nor B	1:13.64
5.	Diss Otters SC	Diss Otters	1:15.67

EVENT 4 Womens 11/12 Yrs 100m Medley Team

Full Results

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:06.19
2.	Diss Otters SC	Diss Otters	1:10.27
3.	UEA Co Nor B	UEA Nor B	1:10.39
4.	Norwich Swan SC	Norwich Swan	1:11.19
5.	Dereham & District SC	Dereham	1:12.01

EVENT 5 Boys 09 Yrs 25m Freestyle

Full Results

Place	Name	Club	Time
1.	Lewis Andrews	UEA Norwich	17.44
2.	Manuka Jayakody	Norwich Swan	17.62
3.	George Wilson	UEA Nor B	18.16
4.	Max Brookes	Diss Otters	18.68
5.	Oliver Park-Silva	Dereham	20.78

EVENT 6 Girls 09 Yrs 25m Freestyle

Full Results

Place	Name	Club	Time
1.	Rosie Munnings	Diss Otters	16.49
2.	Dayna Arbon	UEA Norwich	17.37
3.	Charlotte Smith	Norwich Swan	18.22
4.	Ella Gilbertson	UEA Nor B	18.80
5.	Isabella Green	Dereham	20.20

**EVENT 7 Boys 10 Yrs 50m Breaststroke**

## Full Results

Place	Name	Club	Time
1.	Carmelo Almadin	Norwich Swan	45.05
2.	Maximillian Davies Hey	UEA Norwich	45.06
3.	Callum Blair	Diss Otters	50.63
4.	Alex Patterson	UEA Nor B	50.66
5.	George Ogden	Dereham	55.51

**EVENT 8 Girls 10 Yrs 50m Breaststroke**

## Full Results

Place	Name	Club	Time
1.	Anna Browne	UEA Norwich	44.75
2.	Thea Irvine	Diss Otters	45.64
3.	Matilda Butterworth	UEA Nor B	47.20
4.	Florence Henry	Dereham	48.73
5.	Francesca Salmon	Norwich Swan	48.81

**EVENT 9 Boys 11 Yrs 50m Backstroke**

## Full Results

Place	Name	Club	Time
1.	George Grice	UEA Norwich	37.19
2.	Varun Naik	UEA Nor B	40.67
3.	Oliver Howarth	Dereham	41.05
4.	Henry Miller	Norwich Swan	41.06
5.	Harry Button	Diss Otters	41.24

**EVENT 10 Girls 11 Yrs 50m Backstroke**

## Full Results

Place	Name	Club	Time
1.	Linnea Spence	UEA Norwich	36.63
2.	Imogen Grimes	Diss Otters	37.80
3.	Leah Reynolds	UEA Nor B	39.51
4.	Lily Ashwell	Norwich Swan	42.53
5.	Milly Ogden	Dereham	43.88

**EVENT 11 Boys 12 Yrs 50m Butterfly**

## Full Results

Place	Name	Club	Time
1.	Matthew Munnings	Diss Otters	33.93
2.	Alex Murray	Dereham	37.84
3.	Matthew Pitcher	Norwich Swan	38.14
4.	Luke Smith	UEA Norwich	40.87
	William Sidney Roberts	UEA Nor B	DQ SA 2L

**EVENT 12 Girls 12 Yrs 50m Butterfly**

## Full Results

Place	Name	Club	Time
1.	Lily Calver	UEA Norwich	33.06
2.	Rebecca Smith	Norwich Swan	33.56
3.	Lotty Gates	Diss Otters	35.02
4.	Hallie Taylor	Dereham	35.83
5.	Tyra Du Rieu	UEA Nor B	36.51

**EVENT 13 Boys 09 Yrs 25m Breaststroke**

## Full Results

Place	Name	Club	Time
1.	Barney Clarke	Diss Otters	19.76
2.	Lewis Andrews	UEA Norwich	22.13
3.	Jack Rowley	UEA Nor B	25.80
4.	Juneau Reeds	Norwich Swan	26.02
	Lewis Curl	Dereham	DQ SL 1L

**EVENT 14 Girls 09 Yrs 25m Breaststroke**

## Full Results

Place	Name	Club	Time
1.	Isabelle Kenworthy	UEA Norwich	21.37
2.	Sophia Pickering	Diss Otters	23.06
3.	Josephine Tubby	UEA Nor B	24.32
4.	Isabella Green	Dereham	25.46
5.	Ruby Chapman	Norwich Swan	26.87

**EVENT 15 Boys 10 Yrs 50m Backstroke**

## Full Results

Place	Name	Club	Time
1.	Harry Heatley	UEA Norwich	39.63
2.	James Bell	Norwich Swan	41.21
3.	Conor Kerrigan	UEA Nor B	44.26
4.	Lucas Rose	Dereham	49.37
5.	William Brown	Diss Otters	50.69

**EVENT 16 Girls 10 Yrs 50m Backstroke**

## Full Results

Place	Name	Club	Time
1.	Natasha Lee	UEA Nor B	39.80
2.	Leah Bushell	UEA Norwich	40.19
3.	Lorne Balfour	Norwich Swan	41.44
4.	Luella Brookes	Diss Otters	47.24
5.	Ellie Mae Skipper	Dereham	50.20

**EVENT 17 Boys 11 Yrs 50m Butterfly**

## Full Results

Place	Name	Club	Time
1.	Henry Miller	Norwich Swan	37.07
2.	George Grice	UEA Norwich	37.75
3.	Simon Bird	Dereham	42.75
4.	Leo White	UEA Nor B	43.54
5.	Harry Button	Diss Otters	44.82

**EVENT 18 Girls 11 Yrs 50m Butterfly**

## Full Results

Place	Name	Club	Time
1.	Ruby Greenhalf	Diss Otters	36.72
2.	Katie Andrews	UEA Norwich	37.00
3.	Lucie Ingham	Norwich Swan	40.03
4.	Freya Reeve	UEA Nor B	42.32
5.	Milly Ogden	Dereham	56.12

**EVENT 19 Boys 12 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Alex Murray	Dereham	30.50
2.	Matthew Munnings	Diss Otters	30.95
3.	Ben Woodhouse	Norwich Swan	31.38
4.	William Sidney Roberts	UEA Nor B	33.86
5.	Luke Smith	UEA Norwich	37.37

**EVENT 20 Girls 12 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Rebecca Smith	Norwich Swan	30.64
2.	Ella Smalls	UEA Norwich	31.31
3.	Hallie Taylor	Dereham	31.57
4.	Alice Palmer	Diss Otters	33.31
5.	Niamh Sadler	UEA Nor B	34.13

**EVENT 21 Mens 09/10 Yrs 100m Freestyle Team****Full Results**

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:07.20
2.	Norwich Swan SC	Norwich Swan	1:07.21
3.	UEA Co Nor B	UEA Nor B	1:10.20
4.	Diss Otters SC	Diss Otters	1:13.54
5.	Dereham & District SC	Dereham	1:21.32

**EVENT 22 Womens 09/10 Yrs 100m Free.Team****Full Results**

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:07.75
2.	UEA Co Nor B	UEA Nor B	1:09.67
3.	Diss Otters SC	Diss Otters	1:10.83
4.	Norwich Swan SC	Norwich Swan	1:11.03
5.	Dereham & District SC	Dereham	1:16.51

**EVENT 23 Mens 11/12 Yrs 100m Freestyle Team****Full Results**

Place	Name	Club	Time
1.	Dereham & District SC	Dereham	1:00.69
2.	UEA City of Norwich SC	UEA Norwich	1:02.06
3.	Norwich Swan SC	Norwich Swan	1:03.26
4.	UEA Co Nor B	UEA Nor B	1:07.30
5.	Diss Otters SC	Diss Otters	1:08.50

**EVENT 24 Womens 11/12 Yrs 100m Free.Team****Full Results**

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:00.81
2.	Diss Otters SC	Diss Otters	1:02.77
3.	Norwich Swan SC	Norwich Swan	1:02.90
4.	UEA Co Nor B	UEA Nor B	1:05.33
5.	Dereham & District SC	Dereham	1:05.97

**EVENT 25 Boys 09 Yrs 25m Backstroke****Full Results**

Place	Name	Club	Time
1.	Ilir Gjoka	UEA Norwich	19.63
2.	Manuka Jayakody	Norwich Swan	20.88
3.	Samuel Abramson	UEA Nor B	22.48
4.	Milo Milton	Dereham	23.21
5.	Max Brookes	Diss Otters	24.64

**EVENT 26 Girls 09 Yrs 25m Backstroke****Full Results**

Place	Name	Club	Time
1.	Sophia Pickering	Diss Otters	19.52
2.	Dayna Arbon	UEA Norwich	20.38
3.	Ella Gilbertson	UEA Nor B	22.07
4.	Charlotte Smith	Norwich Swan	23.46
5.	Sara Berteia	Dereham	24.27

**EVENT 27 Boys 10 Yrs 50m Butterfly****Full Results**

Place	Name	Club	Time
1.	Jack Abrams	UEA Norwich	37.44
2.	Carmelo Almadin	Norwich Swan	38.95
3.	Leo White	UEA Nor B	45.45
4.	William Brown	Diss Otters	53.34
5.	George Ogden	Dereham	57.97

**EVENT 28 Girls 10 Yrs 50m Butterfly****Full Results**

Place	Name	Club	Time
1.	Isla Winslow	UEA Norwich	39.06
2.	Lorne Balfour	Norwich Swan	40.94
3.	Katie George	UEA Nor B	44.39
4.	Ashleigh Beale	Dereham	45.53
5.	Luella Brookes	Diss Otters	51.65

**EVENT 29 Boys 11 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Harry Heatley	UEA Norwich	33.62
2.	Mitchell Tamblin	Norwich Swan	34.21
3.	Oliver Howarth	Dereham	35.23
4.	Alex Patterson	UEA Nor B	35.86
5.	Daniel Bachu	Diss Otters	39.07

**EVENT 30 Girls 11 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Alice Nelson	UEA Norwich	34.19
2.	Lucie Ingham	Norwich Swan	34.88
3.	Madison Brock	UEA Nor B	35.20
4.	Imogen Grimes	Diss Otters	35.27
5.	Megan Bale	Dereham	38.32

**EVENT 31 Boys 12 Yrs 50m Breaststroke****Full Results**

Place	Name	Club	Time
1.	Callum Stedman	Dereham	38.64
2.	Akshay Pissay	UEA Norwich	41.32
3.	Isaac Boyce	Norwich Swan	45.78
4.	Patrick Stebbens	UEA Nor B	51.42
5.	Christopher Tatum	Diss Otters	1:04.38

**EVENT 32 Girls 12 Yrs 50m Breaststroke****Full Results**

Place	Name	Club	Time
1.	Isabel Moore	Norwich Swan	40.32
2.	Rebecca Robinson	UEA Norwich	41.19
3.	Lucy Winter	Dereham	41.73
4.	Emily George	UEA Nor B	41.92
5.	Alice Palmer	Diss Otters	46.46

**EVENT 33 Boys 09 Yrs 25m Butterfly****Full Results**

Place	Name	Club	Time
1.	Barney Clarke	Diss Otters	16.80
2.	Iilir Gjoka	UEA Norwich	16.81
3.	Finlay Arnup	Norwich Swan	20.27
4.	Jack Rowley	UEA Nor B	22.98
5.	Lewis Curl	Dereham	30.36

**EVENT 34 Girls 09 Yrs 25m Butterfly****Full Results**

Place	Name	Club	Time
1.	Isabelle Kenworthy	UEA Norwich	18.19
2.	Rosie Munnings	Diss Otters	19.90
3.	Josephine Tubby	UEA Nor B	20.73
4.	Amber Montgomery	Norwich Swan	21.51
5.	Lillian Walthew	Dereham	22.46

**EVENT 35 Boys 10 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Jack Abrams	UEA Norwich	33.68
2.	James Bell	Norwich Swan	34.50
3.	Samuel Abramson	UEA Nor B	40.13
4.	Callum Blair	Diss Otters	40.78
5.	Benjamin Riglar	Dereham	42.04

**EVENT 36 Girls 10 Yrs 50m Freestyle****Full Results**

Place	Name	Club	Time
1.	Isla Winslow	UEA Norwich	35.25
2.	Chloe Partridge	UEA Nor B	35.26
3.	Francesca Salmon	Norwich Swan	36.70
4.	Thea Irvine	Diss Otters	37.88
5.	Ashleigh Beale	Dereham	38.04

**EVENT 37 Boys 11 Yrs 50m Breaststroke****Full Results**

Place	Name	Club	Time
1.	Akshay Pissay	UEA Norwich	41.19
2.	Simon Bird	Dereham	48.45
3.	Mitchell Tamblin	Norwich Swan	48.66
4.	Daniel Bachu	Diss Otters	52.87
5.	Conor Kerrigan	UEA Nor B	53.57

**EVENT 38 Girls 11 Yrs 50m Breaststroke****Full Results**

Place	Name	Club	Time
1.	Katie Andrews	UEA Norwich	43.87
2.	Ruby Greenhalf	Diss Otters	44.53
3.	Freya Reeve	UEA Nor B	50.45
4.	Megan Bale	Dereham	51.34
5.	Lily Ashwell	Norwich Swan	51.38

**EVENT 39 Boys 12 Yrs 50m Backstroke****Full Results**

Place	Name	Club	Time
1.	Ben Woodhouse	Norwich Swan	34.44
2.	Callum Stedman	Dereham	34.64
3.	Maximillian Davies Hey	UEA Norwich	41.56
4.	Varun Naik	UEA Nor B	42.29
5.	Christopher Tatum	Diss Otters	49.84

**EVENT 40 Girls 12 Yrs 50m Backstroke****Full Results**

Place	Name	Club	Time
1.	Lotty Gates	Diss Otters	36.20
2.	Maddie Gilman	Norwich Swan	36.52
3.	Ella Smalls	UEA Norwich	38.62
4.	Georganna Heatley	UEA Nor B	40.48
5.	Molly Monk	Dereham	43.37

**EVENT 41 Mens/Womens 09 Yrs 100m Medley Team****Full Results**

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:20.56
2.	Diss Otters SC	Diss Otters	1:22.35
3.	UEA Co Nor B	UEA Nor B	1:28.76
4.	Norwich Swan SC	Norwich Swan	1:29.58
	Dereham & District SC	Dereham	DQ SL 2L

**EVENT 42 Mens/Womens 10 /Under 100m Medley T****Full Results**

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:15.25
2.	Norwich Swan SC	Norwich Swan	1:15.40
3.	UEA Co Nor B	UEA Nor B	1:20.04
4.	Diss Otters SC	Diss Otters	1:25.31
5.	Dereham & District SC	Dereham	1:28.37

EVENT 43 Mens/Womens 11 /Under 100m Medley T

Full Results

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	1:11.62
2.	Diss Otters SC	Diss Otters	1:15.82
3.	Norwich Swan SC	Norwich Swan	1:16.88
4.	Dereham & District SC	Dereham	1:21.72
5.	UEA Co Nor B	UEA Nor B	1:21.73

EVENT 44 Mens/Womens 12 /Under 100m Medley T

Full Results

Place	Name	Club	Time
1.	Dereham & District SC	Dereham	1:06.45
2.	Norwich Swan SC	Norwich Swan	1:06.51
3.	UEA City of Norwich SC	UEA Norwich	1:10.63
4.	Diss Otters SC	Diss Otters	1:13.26
5.	UEA Co Nor B	UEA Nor B	1:16.26

EVENT 45 Cannon Relay 8x25m Free

Full Results

Place	Name	Club	Time
1.	UEA City of Norwich SC	UEA Norwich	2:06.63
2.	Diss Otters SC	Diss Otters	2:10.05
3.	Norwich Swan SC	Norwich Swan	2:10.95
4.	UEA Co Nor B	UEA Nor B	2:13.32
5.	Dereham & District SC	Dereham	2:21.66

Point Scores Report For NJL2016

Report Generated - Sat 23 April 2016 07:32 pm

Top Club (Evt.45)

1	UEA Norwich	199
2	Norwich Swan	144
3	Diss Otters	128
4	UEA Nor B	109
5	Dereham	89